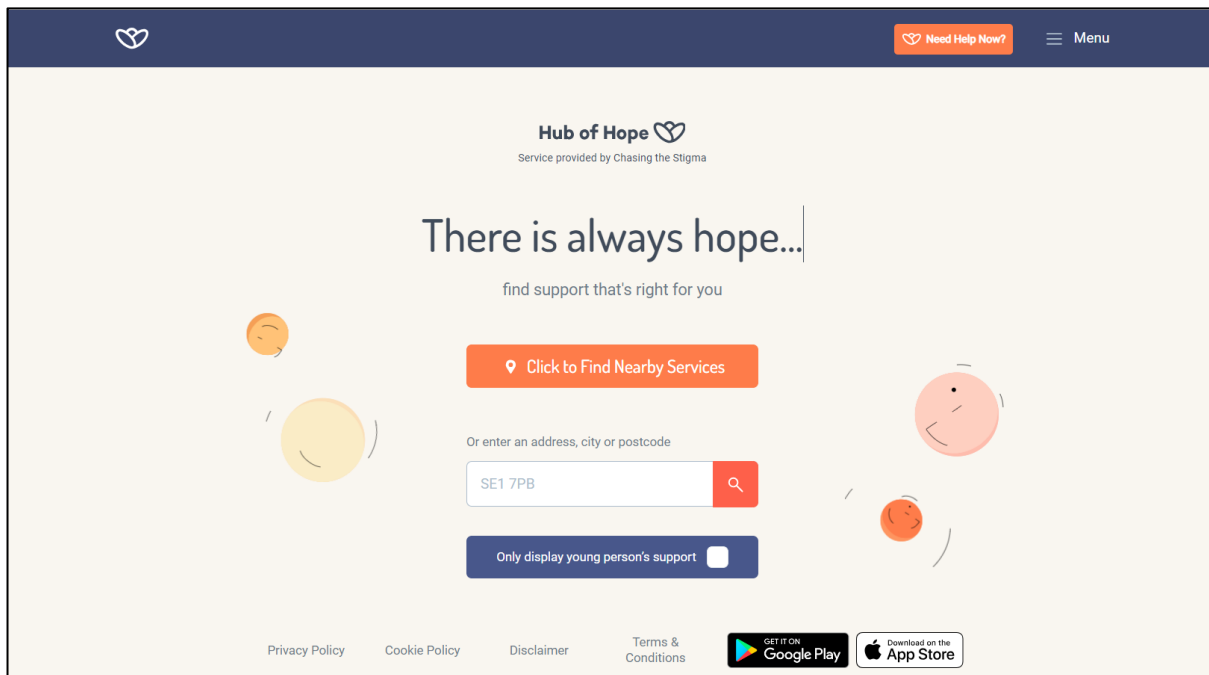


Good resources sharing:

1. [Hub of Hope - Mental Health Support Network provided by Chasing the Stigma](#)
2. [Help for people with learning disabilities and Autism | BHR Hospitals](#)

1. What is the Hub of Hope?



The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

For more information, please visit:

[Mental Health Support Network provided by Chasing the Stigma | Hub of hope](#)

(next page)

2. Help for people with learning disabilities and Autism

The screenshot shows the NHS website for Barking, Havering and Redbridge University Hospitals. The page is titled "Help for people with learning disabilities and Autism". The navigation menu includes "Home", "Patients and visitors", "Our services", "Work with us", "Contact us", and "GPs". The main content area features a "Patients and visitors" sidebar with links to "Queen's Hospital car park closure", "Car parking", "Plan your journey to our hospitals", and "Campaign against". The main text reads: "Help for people with learning disabilities and Autism", "The Learning Disabilities and Autism team", "We're here to support patients with Learning Disabilities and/or Autism and their care networks, before, during and after their hospital visit or appointment.", "Our aim", and "To work with staff at our hospitals to support the delivery of safe and equitable healthcare for patients with learning disabilities". A "Quick links" sidebar on the right includes "Plan your journey to our hospitals", "Blood tests", and "Our wants". The page also features an "Accessibility tools" dropdown, a search bar, and a language selector (EN).

The Learning Disabilities and Autism team

We're here to support patients with Learning Disabilities and/or Autism and their care networks, before, during and after their hospital visit or appointment.

Our aim

To work with staff at our hospitals to support the delivery of safe and equitable healthcare for patients with learning disabilities

Contact Us

Do you have a learning disability and need support during your visit to hospital? Contact the Learning Disability Liaison Nurse Team on:

Telephone: 020 8970 5719

Email: Bhrut.learningdisabilitiesteam@nhs.net

For more information, please visit:

[Help for people with learning disabilities and Autism | BHR Hospitals](#)