



# POST 16 SEND BOOKLET

For Young People considering Post 16 Education Options  
in Barking and Dagenham



**Barking &  
Dagenham**







# ✱ Your Next Steps: Education and Training After Year 11

A guide for young people with special educational needs and/or disabilities (SEND) and their families in Barking and Dagenham

## Welcome !

Leaving school can feel exciting—but also a bit overwhelming. Whether you're thinking about college, work, or learning new skills, this guide will help you and your family explore your options after Year 11.

In this booklet you'll find:

-  **Visual guides** to different pathways
-  **Step-by-step charts** to help you choose
-  **Information about support** you can get
-  **Services and places** available locally




## Who is this booklet for?

This guide is for you if:

- You're aged **14–25**
- You have an **Education, Health and Care Plan (EHCP)** or special educational needs and/or disabilities (SEND)
- You're thinking about your next steps after school.

We also wrote this for parents, carers, and professionals who are supporting young people with SEND.

## How to use this booklet?

-  **Flip through the sections** that interest you
-  **Use the flowcharts** to help you plan
-  **Talk with someone you trust** about your next steps

## ✱ You're Not Alone

Everyone's journey is different. Some people stay in school. Others go to college, start working, or try something new. There's no "one way" to succeed. What matters is that **you find the path that works for you.**

This booklet is here to help you get there.

## What Will I Find Inside?



### Section 1: What I Have To Do Next?

- Step-by-step checklist from Yr10 to Post 16
- Track where you are & what to do next
  - Useful links

### Section 2: Pathways At Different Support Levels

- A colour-coded table showing the different levels of support
  - Mainstream, Enhanced, Specialist
- Information on what pathways at that support level might look like

### Section 3: What Do The Different Pathways Involve?

- What is the education-focused pathway?
- Entry Level → Level 1 → Level 2 → Level 3 and beyond
  - What is the employment-focused pathway?
-  Supported Internships  Traineeships & Apprenticeships

### Section 4: Provider Guide

- Overview of all included providers with links
- **Orange pages– Mainstream Support**
  - **Blue pages– Enhanced Support**
  - **Purple Pages– Specialist Support**
- Website links, location, contact information, SEND support, qualifications offered

### Section 5: More Resources

- Useful links to other areas you might need to plan for
  - Transport assistance
- Apprenticeship/University/Career Planning
  - Social care support
  - The full SEND Local Offer

# My Checklist

☐

**Year 10 EHCP Annual Review**

☐

**Year 11 Specialist Careers Advisor Meeting**

☐

**Identify the level of support you need & the pathway/qualification you want to achieve**

☐

**Take careers quizzes to help you choose a pathway**

[Careers advice - job profiles, information and resources](#) | [National Careers Service](#)

☐

**Explore providers in this booklet & beyond to best suit your interests and needs !**

☐

**Visit the SEND Local Offer for more information on preparing for adulthood**

[Barking and Dagenham SEND Local Offer](#)

☐

**Submit post 16 preferences to local authority AND apply to colleges**

☐

**Attend open days & taster days**

(check provider websites to find out when these are taking place)

☐

**Check if you are eligible for financial support**

[16 to 19 Bursary Fund: Overview - GOV.UK](#)

☐

**Meet with your new education/training provider**

☐

**Enrol to start your post 16 journey !**





# Different Education Pathways

The table below identifies the pathways available to you depending on your current need for support when leaving school.

- If you will require **mainstream support**, focus on post 16 providers on the **orange pages**
- If you will require **enhanced support**, focus on post 16 providers on the **blue pages**
- If you will require **specialist support**, focus on post 16 providers on the **purple pages**

Support Level	Type of Support	Pathway Examples	Settings	Qualifications / Outcomes	Who It's For
<b>Mainstream support</b>	<ul style="list-style-type: none"> <li>• Learning mentor/coach</li> <li>• Extra time</li> <li>• Exam access arrangements</li> <li>• Study skills support</li> </ul>	<ul style="list-style-type: none"> <li>• A-Levels</li> <li>• Vocational courses</li> <li>• Apprenticeships with learning support</li> </ul>	<ul style="list-style-type: none"> <li>• Mainstream college</li> <li>• Sixth Form</li> <li>• Sixth Form College</li> <li>• Apprenticeship provider</li> </ul>	<ul style="list-style-type: none"> <li>• GCSEs</li> <li>• A-Levels</li> <li>• BTECs</li> <li>• T-Levels</li> <li>• NVQs</li> <li>• Functional Skills</li> </ul>	<ul style="list-style-type: none"> <li>• Young people with some learning needs</li> <li>• May have an EHCP or have had SEND Support</li> </ul>
<b>Enhanced support</b>	<ul style="list-style-type: none"> <li>• Small group settings</li> <li>• 1:1 support</li> <li>• Supported Internship / Traineeship</li> </ul>	<ul style="list-style-type: none"> <li>• Supported internships</li> <li>• Entry Level vocational courses</li> </ul>	<ul style="list-style-type: none"> <li>• College</li> <li>• Local employers (with job coach)</li> <li>• ARP</li> </ul>	<ul style="list-style-type: none"> <li>• Entry Level 1–3 certificates</li> <li>• Functional Skills</li> <li>• Skills for Life certificates</li> </ul>	<ul style="list-style-type: none"> <li>• Young people needing regular support</li> <li>• Will have an EHCP</li> <li>• Struggle with mainstream pace</li> </ul>
<b>Specialist support</b>	<ul style="list-style-type: none"> <li>• Personalised plans</li> <li>• Therapeutic and/or medical input</li> </ul>	<ul style="list-style-type: none"> <li>• Life Skills programmes</li> <li>• Community access and independence skills</li> <li>• Day Centre provision</li> </ul>	<ul style="list-style-type: none"> <li>• Specialist college</li> <li>• SEND unit</li> <li>• Day Centre</li> <li>• Home &amp; community-based learning</li> </ul>	<ul style="list-style-type: none"> <li>• EHCP outcomes (non-qualification-based) ASDAN, RARPA</li> <li>• Bespoke learning goals</li> </ul>	<ul style="list-style-type: none"> <li>• Young people with complex or multiple needs</li> <li>• EHCP essential</li> <li>• Often non-accredited pathways</li> </ul>

# What Do The Different Pathways Involve?

## Route 1: Education

### ● ENTRY LEVEL (Entry 1-3)

- Life skills-based learning
- Functional Skills
- Very practical, adapted curriculum

🧠 For: Young people with complex SEND needs

🏫 Settings: Specialist colleges, SEND Units



### ● LEVEL 1

- Introductory vocational courses (e.g. Catering, Construction, Hair & Beauty, IT)
- Functional Skills Level 1 (Maths/English)

🧠 For: Those with some learning needs or requiring structured, hands-on learning

🏫 Settings: Colleges, Training Providers, ARPs



### ● LEVEL 2

- BTEC Extended Certificate Level 2
- OCR/NVQ Diplomas
- Functional Skills Level 2
- GCSE Maths/English Resits

🧠 For: Young people building confidence/qualifications for work or progression to Level 3

🏫 Settings: Mainstream colleges, sixth forms, colleges



### ● LEVEL 3

- A-Levels (academic)
- BTEC National Diplomas (vocational)
- Access to HE Courses

🧠 For: Young people with less complex needs and more academic readiness, may want to progress on to university

🏫 Settings: Sixth Forms, Colleges

## Route 2: Alternative Employment-Focused

### ◇ T-Levels

- Technical qualification equivalent to 3 A-levels
- 80% classroom + 20% industry placement

🧠 For: Those ready for higher-level technical training

### ◇ Apprenticeships

- Learn while working
- Levels 2 to 6 available

🧠 For: Young people preferring hands-on paid work + study

### ◇ Supported Internships

- For those with EHCPs
- Tailored support in real workplace settings

🧠 For: Young people needing high support in transition to employment

### ◇ Traineeships / Pre-Apprenticeships

- Short courses to develop work-readiness

🧠 For: Those not yet ready for full apprenticeship

# Links to Providers

Access Creative College



Big Creative Education



Final Checks Makeup & Hair Academy



Capel Manor College



USP College



Barking & Dagenham College



Newham College



Newham– New Vic College



New City College



Shooters Hill College



Chelmsford College



South Essex College



Links Media College



All Saints Sixth Form

Barking Abbey Sixth Form:

Brook Sixth Form & Academy

Dagenham Park Church of England Sixth Form

Eastbury School Sixth Form

Eastbrook School Sixth Form

Goresbrook School Sixth Form

Greatfields School Sixth Form

Jo Richardson Sixth Form

Riverside Secondary School Sixth Form

Robert Clack School Sixth Form

Sydney Russell School Sixth Form

Warren School Sixth Form

Barking & Dagenham College

- Horizons
- REACH
- RISE



New City College



Newham– New Vic College



South Essex College



TALPER SEND Provision



Shaw Trust



USP College



Dagenham Park ARP



All Saints ARP



Riverside Bridge School– Special School Sixth Form



Trinity School Living and Learning Centre



John F Kennedy Special School



Barking & Dagenham Specialist Unit



# Providers Offering Mainstream Support

## Barking & Dagenham College

Dagenham

**020 8090 3020**



Barking & Dagenham College

[Send a message here](#)

SEND Support: SCLN, MLD, ASD, SEMH +

- 1:1 & In-class support/notetaking
- Exam access arrangements
- Study skills support

Key Info: 1 or 2 year courses across subject areas, at various levels, to help you progress towards your chosen career.

Qualifications: Foundation Entry Level 1, Level 1 BTEC, Level 1-3 NVQ, NCFE/CACHE, T-Levels, Apprenticeships

## Newham College

East Ham/ Stratford

**020 8257 4000**



[admissions@newham.ac.uk](mailto:admissions@newham.ac.uk)

SEND Support: SCLN, MLD, ASD, HI, VI +

- Additional learning support provision
- Mental health & wellbeing support
- English & maths assistance
- In & out of class support assistants

Key Info: 1 or 2 year full-time vocational courses from construction and engineering to health, social care and digital technologies.

Qualifications: Entry Level 3, Level 1,2,3, A-Levels T-Levels, Vocational Pathways, Apprenticeships

## New City College

Campuses across Havering, Epping, Hackney, Tower Hamlets, Redbridge

**0330 135 9000**

[info@ncclondon.ac.uk](mailto:info@ncclondon.ac.uk)



SEND Support: SCLN, MLD, SLD, ASD, GDD, HI, VI+

- Specialist SEND Courses
- Learning support assistants
- Small class sizes

Key Info: 1 or 2 year full-time courses, at varying levels, in a wide range of subjects and pathways.

Qualifications: Entry level, GCSE, Study programmes, BTEC, Supported Internships

## Newham- New Vic College

Plaistow

**020 7473 4110**

[info@newvic.ac.uk](mailto:info@newvic.ac.uk)



SEND Support: SCLN, MLD, ASD, GDD, HI, VI +

- Specialist learning support practitioners
- Small class sizes/ group support
- Preparation for adulthood

Key Info: 1 or 2 year full-time courses, at varying levels, in a wide range of subjects and pathways.

Qualifications: Entry level, Foundation Learning, GCSE, Study Programmes, BTEC, T-Levels, A-Levels, Supported Internships

## Links Media College

Newham

**LINKS**MEDIACOLLEGE

**02073364800**

**linksmediacollege@community-links.org**

SEND Support: SCLN, MLD, ASD

- Smaller classes
- Employability skill sessions

Key Info: 1 or 2 year programmes in a smaller, highly supportive environment with focus on functional skills and vocational training (mainly in music).

Qualifications: Level 1, Level 2, Functional Skills

## Chelmsford College

Chelmsford

 **Chelmsford College**

**01245 293 170**

**SENDSupport@chelmsford.ac.uk**

SEND Support: SCLN, MLD, ASD, GDD, HI, VI +

- INSPIRE Pathways: Bespoke, Foundation, Supported Internship, Gateway provisions

Key Info: 1 or 2 year full-time vocational courses at a range of levels.

Qualifications: Entry level 3, Level 1,2,3, Supported Internship, T-Levels, Apprenticeships

## Shooters Hill College

Woolwich

 **SHOOTERS HILL  
SIXTH FORM COLLEGE**

**020 8319 9707**

**Inclusive.learning@shc.ac.uk**

SEND Support: SCLN, SLD, MLD, ASD, GDD, HI, VI, SEMH, Physical difficulties +

- 1:1 specialist support
- In-class support
- Exam access arrangements
- Specialist resources
- Small group learning

Key Info: 1 or 2 year full-time courses in a variety of subjects in academic or vocational pathways.

Qualifications: Entry level, GCSE, Study programmes, BTEC, T-Levels, A-Levels, Apprenticeships

## South Essex College

Southend/ Thurrock/ Basildon

**0345 5212 345**

**SOUTH ESSEX  
COLLEGES GROUP**

**learning@southessex.ac.uk**

SEND Support: SLD, MLD, ASD, GLD, HI, VI, SEMH, Physical disabilities +

- In-class support
- Assistive technology loans
- Workshops

Key Info: 1 or 2 year full-time courses in a variety of subjects in academic or vocational pathways.

Qualifications: Entry Level 3, BTEC's, NVQ, Diplomas, A-Levels, T-Levels, Supported Internships, Apprenticeships

## Access Creative College

Whitechapel

0161 768 9932



[admissions@accesscreative.ac.uk](mailto:admissions@accesscreative.ac.uk)

SEND Support: SCLN, MLD, ASD, GDD, HI, VI +

- 1:1/group learning support
- English/maths support
- Exam access arrangements
- Individual support packages

Key Info: 1 or 2 year full-time vocational courses in music, media, games, esports and computing.

Qualifications: Level 2, Level 3, T-Levels, Apprenticeships

## Big Creative Education

Walthamstow

020 8498 3300

[recruitment@bigcreative.ed](mailto:recruitment@bigcreative.ed)



SEND Support: SCLN, MLD, ASD, GDD, HI, VI +

- Exam access arrangements
- Additional study skills support

Key Info: 1 or 2 year full-time vocational creative courses.

Qualifications: NOCN diploma, GCSE, Level 2, Level 3, T-Levels, Apprenticeships

## Final Checks

### Makeup & Hair Academy

Dagenham

020 3773 2208

[info@final-checks.com](mailto:info@final-checks.com)



SEND Support: MLD, ASD, GDD, HI, VI +

- Individual learning plans
- Wellbeing coach

Key Info: 1 or 2 year full-time vocational courses in hair and makeup.

Qualifications: BTEC Level 2-3

## Capel Manor College

Enfield/ Gunnersbury Park/ Mottingham/ Crystal Palace/ Regent's Park

0208 676 0870



Live chat available Mon-Fri 9:30am-4:30pm

SEND Support: MLD, ASD, HI, VI +

- Individually-focused support
- Counselling/mentoring
- Study skills support

Key Info: 1 or 2 year full-time vocational courses related to animals, plants and the environment.

Qualifications: Entry level, GCSE, Study pathways, Level 1,2, 3 BTEC's, T-level's, Apprenticeships

## USP College

Grays / Benfleet

01268 646 786 –Julie Snelling, Head of Additional Learning Support    [info@uspcollege.ac.uk](mailto:info@uspcollege.ac.uk)

SEND Support: MLD, ASD, VI, Sensory impairment, Emotional and behavioural difficulties

- In-class support ·Study skills support ·Exam access arrangements

Key Info: Careers-focused approach to learning.

Qualifications: Foundation learning, Vocational courses level 1-3, A-levels, T-levels





## A-Levels at Barking & Dagenham Sixth Forms:

All Saints Sixth Form: Dagenham, 02082704242, lbatemen@allsaintsschool.co.uk, [SEND Support](#)

- Barking Abbey Sixth Form: Barking, 02039677030, caseyl@barkingabbeyschool.co.uk, [SEND Support](#)
- Brook Sixth Form & Academy: Dagenham, 02037734670, office@brooksixthform.com, [SEND Support](#)
- Dagenham Park Church of England Sixth Form: Dagenham, 02082704400, office@dagenhampark.org.uk, [SEND Support](#)
- Eastbury School Sixth Form: Barking, 02085074500, office@eastbury.bardaglea.org.uk, [SEND Support](#)
- Eastbrook School Sixth Form: Dagenham, 02037803609, office@eastbrookschool.org, [SEND Support](#)
- Goresbrook School Sixth Form: Dagenham, 02035976666, lee.morris@goresbrookschool.org.uk, [SEND Support](#)
- Greatfields School Sixth Form: Barking, 02039465900, lofa@greatfieldsschool.com, [SEND Support](#)
- Jo Richardson Sixth Form: Dagenham, 02082706222, Rhall@jorichardson.org.uk, [SEND Support](#)
- Riverside Secondary School Sixth Form: Barking, riverside@riverside.bardaglea.org.uk, [SEND Support](#)
- Robert Clack School Sixth Form: Dagenham, 02082704200, astansfield@robertclack.co.uk, [SEND Support](#)
- Sydney Russell School Sixth Form: Dagenham, 02039599900, sixthform@sydneyrussellschool.com, [SEND Support](#)
- Warren School Sixth Form: Dagenham, 02082704500, office@thewarrenschoo.net, [SEND Support](#)

# Providers Offering Enhanced Support

## Barking & Dagenham College

Dagenham

020 8090 3020

[Send a message here](#)



Barking & Dagenham College

### **Horizons**

SEND Support: SCLN, SLD, MLD, ASD, GDD, VI, HI

- [Horizons– SEND Department](#)
- Social & Relationship Building
- Skills for Independence & Employability
- Professional Progression Skills

Key Info: 1 year courses designed to develop knowledge, skills for life and an understanding of working life. Extra support to prepare you to study on a full-time college course.

Qualifications: Foundation Learning Certificates, Entry level, Level 1

### **REACH**

SEND Support: BESD, ASD, MLD, ADHD, ODD +

- [REACH– Supported Internships](#)
- Job Coach

Key Info: 1 year courses combining classroom learning with career exploration and hands-on skills training.

Qualifications: RAPA, Improving English & Maths

### **RISE**

SEND Support: BESD, ASD, MLD, ADHD, ODD +

- [RISE– Pre-supported internship](#)
- Focus on independent travel and gaining valuable work experience
- Enhancing readiness for the workplace

Key Info: 1 year course designed to prepare you for the REACH supported internship.

Qualifications: OCN Award

## New City College

Campuses across Havering, Epping, Hackney, Tower Hamlets, Redbridge

0330 135 9000

[info@ncclondon.ac.uk](mailto:info@ncclondon.ac.uk)



SEND Support: SCLN, MLD, SLD, ASD, GDD, HI, VI+

- Foundation vocational pathways
- Promoting independence & social skills
- [Supported Internships](#)

Key Info: 1 year courses focusing on skills for work and independence that depend on your interests and aspirations.

Qualifications: Entry level, Supported Internships

## Newham– New Vic College

Plaistow

020 7473 4110

[info@newvic.ac.uk](mailto:info@newvic.ac.uk)



SEND Support: SCLN, MLD, ASD, GDD, HI, VI +

- [Foundation Learning](#)

Key Info: 1 year courses that can prepare you for adulthood, employment, independent living and those looking to progress on to some vocational training.

Qualifications: Entry level, Foundation Learning, Study Programmes, Supported Internships

## South Essex College

Southend/ Thurrock/ Basildon

0345 5212 345

**SOUTH ESSEX  
COLLEGES GROUP**

[learning@southessex.ac.uk](mailto:learning@southessex.ac.uk)

SEND Support: SLD, MLD, ASD, GLD, HI, VI, SEMH  
Physical disabilities +

- Job coach
- Personalised study programmes
- [Supported Internships](#)

Key Info: 1 year courses in vocational pathways and supported internships.

Qualifications: Entry Level 3, Supported Internships

## Shaw Trust

Locations across East London

07783 811157

**shaw trust**

[supportedinternships@shaw-trust.org.uk](mailto:supportedinternships@shaw-trust.org.uk)

SEND Support: SLD,MLD, ASD, GLD, HI, VI, SEMH+

- [Supported Internships](#)
- Job coach
- Transitional support into paid employment

Key Info: Full-time internships with 4 days in a work experience placement and 1 day classroom-based per week.

Qualifications: Supported internships– Accredited Progression Award, Functional skills Maths &

## TALPER SEND Provision

Romford

07756592981



[info@talper.co.uk](mailto:info@talper.co.uk)

SEND Support: SCLN, MLD, ASD, GDD, HI, VI,  
Medical care +

- Job coach
- [Supported Internships](#)

Key Info: 1 year supported internships that work on a rotational basis to give learners the experience of a range of different workplace opportunities.

Qualifications: Supported Internships, Functional Skills, Level 1& Above

## USP College

Grays / Benfleet

01375 370 121 / 01268 756 111



[info@uspcollege.ac.uk](mailto:info@uspcollege.ac.uk)

SEND Support: MLD, ASD, VI, Sensory impairment  
Emotional and behavioural difficulties

- [Foundation learning programmes](#)–  
Pathways, STEP (Skills to Employment Progression, Supported Internships)

Key Info: 1 year courses with a careers-focused approach to learning.

Qualifications: Foundation learning awards.

## Dagenham Park ARP

Dagenham

0208 270 4400

[office@dagenhampark.org.uk](mailto:office@dagenhampark.org.uk)



SEND Support: MLD, SLD, Support for cognition and learning needs.

- Adapted learning environments/curriculum
- Communication/social skill support
- Vocabulary pre-learning
- Fine & gross motor skills development

Key Info: 1 year course aimed at empowering learners with skills, knowledge and confidence to enter into further education/employment/training.

Qualifications: BTEC Level 1 Diploma in vocational studies

## Riverside Bridge School - Special School Sixth Form

Barking

02039465888

[bridge@riverside.bardaglea.org.uk](mailto:bridge@riverside.bardaglea.org.uk)



SEND Support: ASD, MLD, SLD, non-verbal, pre-verbal, emerging verbal, medical needs supported

- Small classes
- Pre/Semi-Formal Learning
- Makaton communication

Key Info: A day special school providing 4 study days and 1 employability skills day per week.

Qualifications: Life skills-based accredited courses at entry level.

## All Saints ARP

Dagenham

0208 270 4242



AllSaints

[office@allsaintsschool.co.uk](mailto:office@allsaintsschool.co.uk)

SEND Support: Learners with MLD achieving grades 0-3

- Functional English & maths
- ASDAN Life skill planning
- Work skills & enrichment

Key Info: Level 1 provision learners are still part of the larger school and have access to the same resources and social benefits of the mainstream sixth form.

Qualifications: ASDAN Certificate of Personal Effectiveness, BTEC Level 1/2 Creative Media/Work Skills, Functional Skills

# Providers Offering Specialist Support

## Trinity School Living & Learning Centre

Dagenham

0203 435 5955

[office@trinity.bardaglea.org.uk](mailto:office@trinity.bardaglea.org.uk)



SEND Support: ASD, SLD, Complex/extremely challenging behaviours

- Highly personalised learning environment
- Sensory structured curriculums
- Specialist approaches/interventions

Key Info: 48 week per year provision with personalised learning and person-centred objectives. Focus on functional communication skills and developing independence.

Qualifications: Entry level pathways, EHCP Outcomes

## John F Kennedy Special School

Newham

020 8534 8544

[info@jfk.lihtrust.uk](mailto:info@jfk.lihtrust.uk)



SEND Support: PMLD, ASC, sensory impairment, communication needs, medical conditions +

- Stratford– PMLD, sensory and medical needs (sensory and soft rooms, tracking hoists +)
- Beckton/North Woolwich/Plaistow – ASC and communication needs (spaces to support independence and life skills, specialist therapy rooms, social spaces +)

Key Info: Different learning pathways based on improving engagement , developing independence and subject-based learning to suit learner needs.

Qualifications: Personal Progress, Entry Level 1

## Barking & Dagenham College- Special Unit

Dagenham

020 8090 3020

[Send a message here](#)



SEND Support: SCLN, SLD, MLD, ASD, GDD, VI, HI

- More specialist support offered than Horizons– SEND Department
- Enquire for more information about this new programme.

Key Info: Pilot scheme for learners with very complex needs, which embraces the learning principles of Barking & Dagenham College with even more additional support.

## Further Resources & Information



Travel Needs



Transitioning to Adult Health  
& Social Care Services



Supported Employment  
Programme



PAT Project

–empowering young people  
to meet their full potential



Youth Clubs & Activities in  
Barking & Dagenham



Apprenticeships



University



Careers in Film, TV, VFX,  
Animation & Games



Volunteering  
opportunities



Careers in  
Health