

April 2026



March '26							May '26						
M	T	W	T	F	S	S	M	T	W	T	F	S	S
					1						1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31
30	31												

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31	1	2	3	4	5
6	7 I CAN Run Club JIM PETERS STADIUM 6.00pm-7.00pm Age 8-25 Swimming see below	8 Multi Sports see below	9 Football age 14-25 LU Bobby Moore sports hub RM9 5PU 5.00pm-6.00pm	10 One Place East Quiz Nite 7pm-10pm Tickets £15 Kenneth Moore Theatre Ilford IG1 1BT	11	12
13	14 I CAN Run Club JIM PETERS STADIUM 6.00pm-7.00pm Age 8-25 Swimming see below	15 Multi Sports see below	16 Football age 14-25 LU Bobby Moore sports hub RM9 5PU 5.00pm-6.00pm	17 Forum Session @ Vibe 6.00pm - 8.00pm Age 8 -25	18	19
20	21 I CAN Run Club JIM PETERS STADIUM 6.00pm-7.00pm Age 8-25 Swimming see below	22 Multi Sports see below	23 SEND Awards Birmingham "Better Person" Football age 14-25 LU Bobby Moore sports hub RM9 5PU 5.00pm-6.00pm	24 Forum Session @ Vibe 6.00pm - 8.00pm Age 8 -25	25	26
27 Concert to celebrate Mayor Cllr Princess Bright Ripple Centre IG11 7PB 7.30-9.30pm Live Music by HVPA	28 I CAN Run Club JIM PETERS STADIUM 6.00pm-7.00pm Age 8-25 Swimming see below	29 Multi Sports see below	30 Football age 14-25 LU Bobby Moore sports hub RM9 5PU 5.00pm-6.00pm	1	2	3
4		Other Progress Activities. Age 8-25 Nikki has Swim club on Tuesdays at Becontree Liesure centre 6.00pm -6.30pm. Nikki has Multi sports session on Wednesday at Jo Richatdson 6.00pm - 7.00pm. PLEASE NOTE;-There may be a waiting list for these activities. Call Nikki Fairbairn on 07518 671812				