



Barking & Dagenham

EPEC- Autism



New for April 2026 – Evening Parenting course

A 10-week evening parenting course for families in Barking and Dagenham with a child 4 years old or under who is **autistic** or **experiencing social communication differences**.

The course runs on Monday evenings for 10 weeks, 6.30pm - 8.30pm. Starting on **Monday 27th April** and finishing on **Monday 13th July** (with **no sessions on 4th or 25th May** due to Bank Holidays).

To register interested families must meet eligibility criteria and contact epoclbbd@sycamoretrust.org.uk or call 020 8517 9317

Sycamore Trust UK, 27-29 Woodward Road. RM9 4SJ.
(spaces are limited)



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PARENTS
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COMMUNITIES



Barking &
Dagenham
**Family
Hub**